

# RISKY BUSINESS

EXERCISE

4

Bystander Intervention and personal safety: High Risk/Low Risk



## FACILITATOR'S NOTES

**Time Required:** 30 Minutes

**Objectives:** Examines Bystander Intervention and personal safety

**Description:** Group activity and discussion

**Resources required:** Two sheets of paper with **HIGH RISK** and **LOW RISK**, cut outs of the scenarios below

1. Each person in the group selects a scenario to read out and discuss. The person has to decide if it is a hate crime or not.
2. Not all the scenarios described are considered hate crimes, however the actions can be interpreted as hateful.
3. The group discuss whether they agree or not. Some answers may realistically lie in between **HIGH RISK** and **LOW RISK** on a continuum.

## QUESTIONS TO ASK

1. Give a reason for your answer
2. Does everyone else agree?
3. What are the dangers of intervening?
4. What type of intervention would be most appropriate here? Refer to the **SPEAK UP** booklet
  - **DIRECT**
  - **DISTRACT**
  - **DELEGATE**
  - **DOCUMENT**
  - **DELAY**
5. What steps can you take to minimise risks to your safety?

CONTINUED OVERLEAF  
→

# IF YOU INTERVENE WOULD IT BE HIGH RISK OR LOW RISK?

EXERCISE

4

How would you intervene using the 5 D's of Bystander Intervention.



CUT AROUND THE DOTTED LINES

You go to a party and some drunken young people start singing sectarian songs

A large drunken white male is harassing a young Muslim woman on a train

One of your friends spray paints something offensive about the English on a wall

A group of teenagers you know are hurling homophobic abuse at a younger boy

You see a young black man being kicked to the ground by a gang of white men after a football match

A group of teenagers you know are calling one of your teachers a lesbian behind her back and using offensive language

A person on the bus refuses to sit next to an old woman who smells funny

Two girls are calling a younger boy homophobic names

On your Facebook feed you see that people you know are using racist abuse in connection with a girl at school you know

A supermarket worker is transitioning and an older person at the checkout asks them what are they, a man or a woman?

A young man in a wheelchair is called Davros (the chief Dalek from Dr Who) by his pals

You see an elderly vulnerable black woman being followed by a suspicious looking man

\*You can add more scenarios, or adapt them to suit the needs of your group

# HIGH RISK

A large, empty rectangular box with a thin black border, occupying most of the page. It is intended for a student to write or draw their response to the exercise.

# LOW RISK

A large, empty rectangular box with a thin black border, occupying most of the page. It is intended for the user to write or draw their response to the exercise.